

**Registration Opens:** April 13<sup>th</sup>, 8:00 am for Members & April 15<sup>th</sup>, 8:00 am for Non-Members.

Access to the registration web page can be found on the Skate Regina website under the registration tab. Members registered in a program from Sept 2023 – Aug 2024 will receive a link to the priority registration.

## Summer 2024 Group Programming



### Pre-CanSkate/CanSkate:

For ages 3+ working on stages 1 to 4 of the CanSkate program. The CanSkate program focuses on basic skating skills and fundamental movements such forward skating, backward skating, stopping, turning, spinning, and jumping. This program emphasizes fun and continuous movement building the best foundation for all ice sports such as figure skating, hockey, ringette, speed skating or recreational skating.

Dates/Times	# of Weeks	# of Sessions	Location	Cost
<b>July 22<sup>nd</sup> - 25<sup>th</sup></b> Monday to Thursday, 5:45-6:30pm	1	4	Cooperators Arena	\$90
<b>July 29<sup>th</sup> – August 1<sup>st</sup></b> Monday to Thursday, 4:45-5:30pm	1	4	Cooperators Arena	\$90

### Parent Assisted CanSkate:

This program is designed for skaters ages 2 to 5 years old. This program allows the skater to go on the ice with one parent/guardian. Note, the parent/guardian must be wearing skates and must purchase a Skate Canada membership for their insurance coverage on the ice.

The parent/guardian and skater will follow the same structured CanSkate session as the other skaters.

Dates/Times	# of Weeks	# of Sessions	Location	Cost
<b>July 22<sup>nd</sup> - 25<sup>th</sup></b> Monday to Thursday, 5:45-6:30pm	1	4	Cooperators Arena	\$90
<b>July 29<sup>th</sup> – August 1<sup>st</sup></b> Monday to Thursday, 4:45-5:30pm	1	4	Cooperators Arena	\$90

**Registration Opens:** April 13<sup>th</sup>, 8:00 am for Members & April 15<sup>th</sup>, 8:00 am for Non-Members.

Access to the registration web page can be found on the Skate Regina website under the registration tab. Members registered in a program from Sept 2023 – Aug 2024 will receive a link to the priority registration.

**Pre-Power:**

The Pre-Power program is designed for skaters ages 4-7 who are interested in hockey or ringette. This program develops basic skating abilities in a power skating-specific environment, including balance skills, forward and backward skating, stopping, turning and agility skills. Skaters must wear full equipment (including sticks). **Skaters must be able to fall and get up unassisted as well as skate the width of the ice surface without help.**

Dates/Times	# of Weeks	# of Sessions	Location	Cost
<b>July 8<sup>th</sup> - 11<sup>th</sup></b> Monday to Thursday, 5:45-6:30 pm	1	4	Cooperators Arena	\$90

